



KARIS COMMUNITY

A PLACE OF HOPE & HEALING SINCE 1976



April 2023 Newsletter

A Note From Our Executive Director

I have a confession: We've been working on something over the past year that we haven't told you about...until now. Karis Community is rebranding!

The Why

Last year, our staff and Board of Directors gathered for our annual Board Retreat. One of the key agenda items was evaluating our overall brand and messaging. We started by revising our mission and vision statements.

Mission Statement: To provide a community where people heal together.

Vision Statement: To create a world where people with mental illness can connect with others who understand their experience and can support their growth.

We realized that this was the first of many steps in the ongoing evolution of Karis. We then began exploring logo options that would truly symbolize and embody the key elements of our work. Our new logo represents all facets of the mental health journey and the ripple effect of when we come together as a community.

The What

Our logo represents mental health as a unique journey. The icon symbolizes each person's distinct path and story. Some days may feel like a never-ending loop, filled with roadblocks or potholes at every turn. Other days feel smooth, filled with peace and gratitude. Most often, we feel like we are somewhere in between.

At Karis, we provide a safe space where individuals can learn to manage mental illness according to their own experiences and personal journey. What's more, when we all come together, authentically and vulnerably, the ripple effect of that shared experience is transformative.

We are so excited for this next chapter for Karis, and we are abundantly grateful to have you all on this journey with us!

In gratitude,
Annie Wharton, LCSW, LAC

Thank You to Our Major Supporters

A.V. Hunter Trust

The Anschutz Foundation

Caring for Denver Foundation

The Connie Burwell White and

William W. White Foundation

Anne Marie Currin

The Denver Foundation

Elevations Foundation

Alex and Jay Graves

Sue and John Hancock

Laurie Lucero

Rollie R. Kelley Family

Foundation Fund

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Rosamond Warren

Board of Directors

Drew Bonder, *President*

Cynthia Grant, *Vice President*

Kristin Gatto, *Secretary*

Ronald Reeves, *Treasurer*

Ben Brown

Casimir Bemski

Shaun Fischler

De’Ron Jasper

Dominique LaCroix

Lucy Van Dusen

Karis Community Staff

Annie Wharton, *Executive Director*

Lisa Andersson, *Director of Development and Communications*

Molly Barth, *Community Coordinator*

Miriam Bouley, *Operations and Community Services Manager*

Angela Lancaster, *Property Manager (Stepping Stone Cottage)/Peer Specialist*

Esha Pahwa, *Community Coordinator*

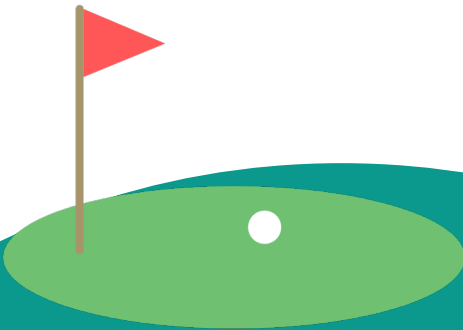
Dalia Rubenstein, *Program Manager*

Sarah Scott, *Community Coordinator/Peer Specialist*

Jeff Wade, *Facilities Manager/Peer Specialist*

47 YEARS OF HOPE & HEALING

Join us at 6:30 pm on **Thursday, May 11**
at Topgolf-Thornton as we celebrate
Karis Community's 47th Birthday and honor
former Community Member and former Board
Member **Susan Wagner**.



SCAN ME

YOUR \$45 REGISTRATION INCLUDES:

Topgolf Play | Fajita Fiesta Buffet
Bottomless Soda & Iced Tea | Cash Bar
Silent & Mystery Package Auctions | Paddle Raiser
Stories of Hope & Healing | And More!

THURSDAY  MAY 11  6:30-9:30 PM

For more information visit www.kariscommunity.org.

Supporting Karis Community

The Empowerment Program is a stepping stone to independent living for adults managing serious and persistent mental illness. Our mission is to provide a community where people heal together. Thanks to our generous donors, we can continue providing a life-changing program for a small monthly fee of \$655. Our fees represent life outside Karis, teaching accountability, financial awareness, and realistic integration into the mainstream of life. Monthly fees include a single room, six dinners per week, household supplies, utilities, group activities, and onsite mental health services. Other therapeutic communities charge upwards of \$10k per month, a cost too high for most individuals. We are committed and passionate about keeping our program accessible and affordable. To do this, we need your help. Here are some of the ways that you can support us.

DONATE ONLINE: Go to www.kariscommunity.org and click on the gold donate button near the menu at the top of the page.

BECOME A MONTHLY DONOR: Monthly giving is one of the most sustainable nonprofit funding sources. It allows us to spend less time fundraising, gives us a chance to think longer-term, and offers you an opportunity to make a lasting impact. After clicking the donate button, please check the box, "Show my support by making this a recurring donation." That's it!

DONATE BY MAIL: Make your check payable to "Karis Community" and mail it to Karis Community, Attn: Donations, 1361 Detroit St., Denver, CO 80206.

KING SOOPERS: Shop at King Soopers? Please link your rewards card to Karis! Go to <http://www.kingsoopers.com/communityrewards> and click enroll to make an account. Search for Karis, or enter our ID: IX097 to choose us. They give us a percentage of all money spent as you shop.

SUPPORT KARIS IN THE FUTURE: There are many options; Bequest & Will Gifts, Charitable Lead Trusts, Life Insurance, Real Estate, and more. Visit www.kariscommunity.org/support-karis for more information.

Thank you for making a difference!

Thoughts from our Community Members: When do you feel the most comfortable?

Eating s'mores
in the backyard.

Sleeping!

When I'm
around people
who get me.

Going on
walks.

Snuggling with
my dog.

When I'm with
my friends.

Performing for
other people.

When I'm with
the Community.

When I
travel.

Playing
Pickleball
in the park.

Laying in
the grass by a
tree, in the sun,
music playing by
my ear.

Any time when
I'm at Karis!

Dancing under
water in a lake.

Snuggled up in bed,
with a great book,
and a warm,
comfy blanket.

When I
am received
without judgement
and
with love.